



COACHFORCE

SKILLS FOR PERFORMANCE

WHAT IS COACHFORCE?

CoachForce is a user-pay program designed to assist Clubs and their members access a range of expertise to support both on-green and off-green coaching and officiating.

The program allows Clubs and their members to book a session and have a Bowls Victoria CoachForce presenter deliver sessions in a range of formats. Previously, CoachForce was designed with only one stream, we now see CoachForce being delivered in various formats.

HIGH-PROFILE PLAYER

High energy group session with one of our high-profile players

OFFICIATING

Group training session covering marking, measuring and law practice

ARM BOWLING

Group training session targeted at your arm bowlers

FEMALE ONLY

Expert support to improve your current club coaching program

CLUB COACH SUPPORT

Expert support to improve your current club coaching program

PRIVATE COACHING

Services to connect expert coaches and members for one-on-one training sessions

HOW DOES COACHFORCE WORK?

STEP 1: Members/Clubs contact Bowls Victoria with their enquiry (matthew@bowlsvic.org.au).

**This step will be replaced with an online booking form.*

STEP 2: Bowls Victoria will then liaise with the members/Clubs and provide a list of CoachForce presenters.

STEP 3: Bowls Victoria will then work with the CoachForce coach and the Club to organise a suitable training session.

STEP 4: Depending on the format, the Club will then be invoiced by Bowls Victoria.



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	High Profile Player	Arm Bowling	Official	Female Only	Club Coach Support	Private Coaching
WHY	Clubs looking for High Profile players to conduct engaging sessions to energise their players and coaches.	Expert support for our Arm Bowlers.	Opportunities for Officials to be upskilled and practice game situations.	A female-only training group coached either by a male or female coach, as preferred by participants.	Club Coaches seeking expert support with planning and conducting quality training sessions.	Members seeking quality one-on-one coaching and don't know who to contact.
WHAT	High profile player runs an on-green coaching session with Club members. The player is then available for a Q & A session.	Expert Arm Bowls Coach conducts a two-hour training session at Club. The session will cover the technique, various arm devices, laws, and on-green drills.	Clubs access expert Officials that conduct a developmental training session that includes marking, measuring, and laws.	Expert coach conducts a developmental training session just for females.	Advanced/expert Club Coach conducts a series of sessions at Club covering the essentials to a quality coaching program, eg planning, structured training, and one-on-one coaching.	Members can access a list of recommended Private Coaches that they can contact.
	2hrs	2hrs	2hrs	2hrs	1hr	1hr
	On-green training	Types of Arms	Marking on-green practice	On-green training	Working with the Committee	On-green training
	Off-green Q&A	Laws	Measuring on-green practice	Off-green Q&A	On-green training	Video analysis
		On-green training	Revise laws, on or off green		Off-green training	Goal setting and training plans
GROUP SIZE	10 - 50	5 - 20	5 - 20	5 - 20	n/a	1 - 3
COST	\$330	\$220	\$220	\$220	\$110 per session	\$50 - \$100 per hour
HOW	1) Club completes an online booking form located on the BV website.					1) Members complete an online booking form located on the BV website.
	2) BV will provide a list of Coaches from which a Club can choose.					2) BV provide the member with a list of Coaches from whom they can choose.
	3) BV will liase between the Coach and the Club to organise a training time.					3) BV will connect the member and the Coach, and provide support to source a green.
	4) The Club will be invoiced by BV.					4) Future training sessions are organised between the member and the Coach.
	5) The Coach completes a claim form and is reimbursed from BV.					