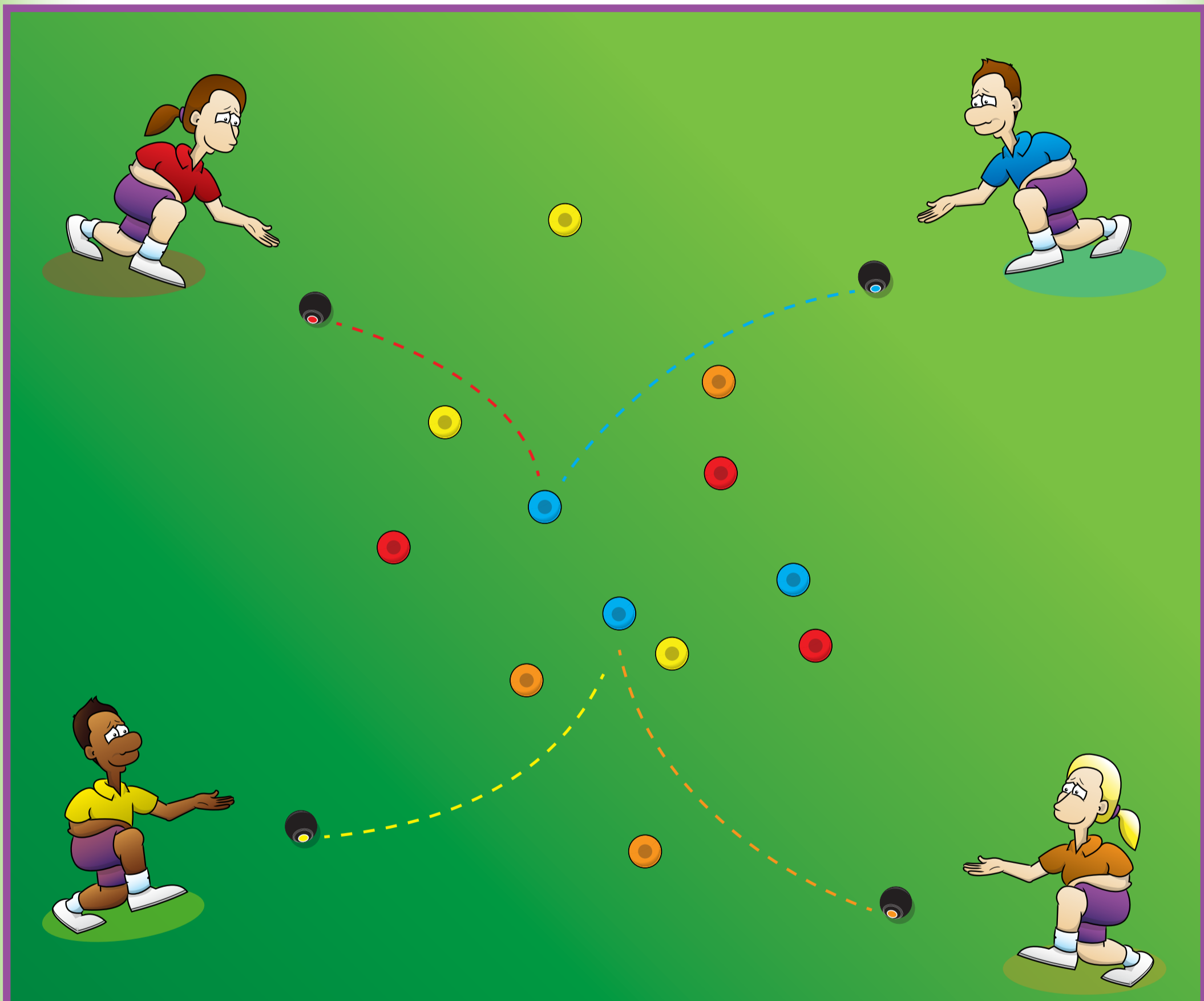


# Going spotty



- Spread coloured spots around an area, ensure each player has 1 bowl/ball
- Pick a movement ie: chicken dance and get everyone to move around
- Call out “**FREEZE!**” and then a colour ie: Blue
- Try to roll your bowl to a blue spot from where you are
- When all bowls are delivered the person who gets closest to a blue spot picks a new movement and colour when you call “**FREEZE!**”

# Going spotty

## Learning outcome:

- Controlling line and length over different distances
- Planning ahead
- Tactics
- Choosing the shot
- Identifying strengths and weaknesses
- Avoiding obstacles
- Spatial awareness

## Equipment:

- 12 coloured spot markers – 4 different colours
- Bowls with or without bias (1 per participant)
- Whistle or music (optional)

## Tips:

- To increase difficulty reduce the number of spots as you go
- Change the rules ie: you have to bowl to the coloured spot furthest away from you
- Challenge players to knock each other's bowls away from the target spot