

BOWLS VICTORIA (RVBA)
JUNIOR BOWLS COMMITTEE

DRAW BOWLS EXERCISE 1. 50 BOWL EXERCISE

Name _____

Club _____ Date...../...../.....

Green Speed _____ Surface _____

Marked By _____

Record bowls within 1 mat length. (600mm) Long ends are maximum, short ends are minimum

Mat Up is to Minimum Length and the Jack on the 2 meter mark

Record the number of bowls that cross the Centerline

End	Bowls Played	Hand Played	Jack Pos'n	Inside 1 Mat	Bowls that Cross line
1	2	F/H	Long		
	2	F/H	Short		
2	2	B/H	Long		
	2	B/H	Short		
3	2	F/H	Short		
	2	F/H	Long		
4	2	B/H	Short		
	2	B/H	Long		
5	2	F/H	Mat Up		
	2	B/H	Mat Up		
6	2	B/H	Long		
	2	B/H	Short		
7	2	F/H	Short		
	2	F/H	Long		
8	2	B/H	Short		
	2	B/H	Long		
9	2	F/H	Short		
	2	F/H	Long		
10	2	B/H	Mat Up		
	2	F/H	Mat Up		
11	2	F/H	Long		
	2	F/H	Short		
12	2	B/H	Long		
	2	B/H	Short		
13	2	F/H	Long		

Total Bowls within 1 mat length	/50 =	%
Total on Forehand	/26 =	%
Total on Backhand	/24 =	%
Total on Short Ends	/28 =	%
Total on Long Ends	/22 =	%
Forehand Long	/12 =	%
Forehand Short	/10 =	%
Backhand Long	/10 =	%
Backhand Short	/10 =	%
Forehand Mat Up	/4 =	%
Backhand Mat Up	/4 =	%
Bowls that cross the line	/50 =	%

Comments (optional)

Exercise certified by

An assistant / coach is required to remove all bowls as they come to rest and record result